

DaySpring Listening & Counselling Centre are a Christian centre and exist to provide a competent response to the needs of the local community by listening, supporting and counselling. you do not have to be a christian to come to us for help.

How to find us.

The centre is located at Mosaic Church Leeds, 10 Sweet Street, Holbeck, Leeds



Affiliated to the Association of Christian Counsellors

DAYSPRING  LISTENING & COUNSELLING CENTRE

Mosaic Church Leeds
Unit 2
10 Sweet Street
Holbeck
Leeds
LS11 9DB

0113 294 4444

Email: counselling@mosaic-church.org.uk

All of us at one time or another go through rough times...

we can experience pain, fear, stress, loneliness, depression or sudden crisis.

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CHURCHLEEDS

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Sometimes this is linked to:

- **Family upheaval**
- **Illness**
- **Bereavement**
- **Relationship breakdown**
- **Financial matters**
- **Job insecurity**
- **Violence of abuse**

How Can We Help?

Our team of listeners and counsellors are working towards accreditation with the BACP (British Assoc for Counsellors & Psychotherapists).

We work according to the ACC Code of Ethics and Practice.

We offer you

- **Confidentiality**
- **Time to talk**
- **Support**
- **Counselling**

How Much Will It Cost?

There is no set charge but we encourage clients to make some donation towards the cost of their counselling.

How Do You Contact Us?

By letter, phone call or email.

If you leave a message we will contact you as soon as possible.

Where Are We?

The centre is situated at Mosaic Church, Leeds – see map overleaf.